



NEWSLETTER

Richard Wright
Superintendent



Students, Faculty, Staff, Parents, and Members of our Community,

National School Counseling Week, for 2023, will be celebrated from Feb. 6–10, 2023. This is to help focus public attention on the unique contribution of school counselors within our school systems and how students are different as a result of what school counselors do. National School Counseling Week highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career.

During this special week, we will be honoring Ms. Cadena. Ms. Cadena is a vital part of all our students' educational process, as she helps them meet the challenges of the 21st century. Every great success story begins with a dream. The National School Counselor Association's theme this year is, "School Counselors: Help Students Dream Big."

Whatever you need to be successful at school – whether that's learning how to stay motivated to complete your work, having positive relationships with your fellow students, advocating for yourself or overcoming barriers – Ms. Cadena is here for you. One of our goals here is to help ensure you're ready for what comes next, whether that's college or a career, please do not hesitate to stop by Ms. Cadena's office and ask her a few questions; she'll point you in the right direction.

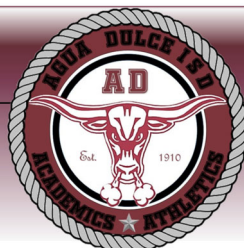
Students can visit and receive assistance from **Ms. Cadena** for:

- College Application
- SAT/ACT Applications
- TSI
- Financial Aid
- Military
- Resume/Interviews
- Post Secondary Plans

You've probably heard of actor and producer Tyler Perry. He said, "I don't think the dreams die. I think people give up. I think it gets too hard." Sometimes achieving your dreams is hard, but I'm here to help you not give up.

- Ms. Cadena

David Cantu
Secondary Principal



Home of The
Fighting Longhorns



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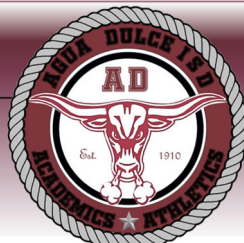


February 2023

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1	2 Ground Hog Day	3	4
5 Counselor Appreciation Week	6	7 *100th Day of School HS Girls B•Ball vs Santa Maria 5pm	8	9	10 HS Boys B•Ball vs Ben Bolt 5pm	11
12	13 Staff Development	14 	15	16	17	18 Weight Lifting Meet
19	20 TELPAS Window Opens	21	22 Bus Driver Appreciation Day	23	24	25
26	27	28	Notes: 2/1 through 2/13 Student Council - Valentine's Day grams			

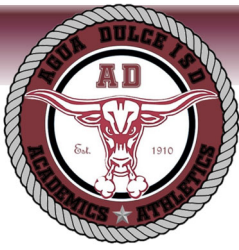
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Study Tips

REMINDERS:

Parents and students, here are a few reminders:

1. All students must adhere to the dress code (neatly groomed, no facial hair, no tight attire, no nose piercings, no ear gauges (plugs or tunnels), no sandals/slides/flip flops, etc.);
2. Students must have a valid parking permit; all others will be towed;
3. Open Campus is for Seniors only, with proper ID, and only during lunch before 1:30 PM. Anyone wishing to drive off campus after 1:30 PM and throughout the day must be cleared by the front office;
4. Lunches deliveries will not be allowed after 5th Period (1:40 PM);
4. Attendance; please be here everyday and on time;
5. There is no curbside drop offs. Students are not allowed to exit the campus, at anytime, to retrieve items. Please sign in with the front office and drop off your items with our front office receptionist.;
6. Keep track of your grades; if you have any questions please call or come by the front office for more details; and
7. Tutorials are available afterschool.

* **Please note:** Not abiding by the Student Code of Conduct, dress code, and classroom rules and procedures may lead to disciplinary action including, but not limited to, parking permits revoked, transfers revoked, and not participating in extracurricular activities.



1. Set Goals
2. Be Organized
3. Find a Quiet Place
4. Use Good Notes
5. Have a Routine to Study
6. Do Not Procrastinate
7. Avoid Distractions
8. Use Flash Cards
9. Quiz Yourself
10. Ask For Help
11. Do Extra Credit
12. No Skipping Class
13. Eat Well
14. Drink Water
15. Exercise Regularly
16. Stay Positive
17. Take Breaks
18. Get Enough Sleep



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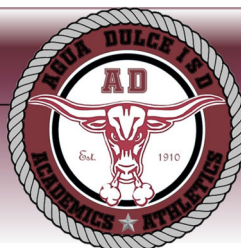
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Tutorial Schedule

Department	Day Available	Time
Math	Monday	4:00-5:00
Science	Tuesday	4:00-5:00
English Social Studies	Wednesday	4:00-5:00
Electives Homework Center	Thursday	4:00-5:00

- Subject to change; some tutoring sessions may require an appointment.
- Students please check with your teachers.
- Ms. Scott will cover the Homework Center in the Longhorn Learning Lab.

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